

**YOU ARE YOUR MOST  
IMPORTANT DELIVERY**



# **PROTECT YOURSELF**

Every day on the job brings new interactions and situations with customers and the public.

The most important delivery of the day is always at the end of your route. Even though you are likely to know your route inside and out, be aware of people and circumstances that could put you at risk.

**YOU ARE YOUR MOST  
IMPORTANT DELIVERY!**

# ?

## HOW TO PROTECT YOURSELF

1

Avoid making yourself a target.  
Keep your cell phone in your pocket or out of sight.  
Avoid large wallets, showy jewelry, or any display of cash during your shift.

2

Be aware of your surroundings.  
If a suspicious person follows you, contact police and your supervisor.

3

In a robbery, try to remain calm.  
Comply with any instructions.  
Nothing is more valuable than your life. If asked, give the robber your money, phone, or even the mail.

4

Let the robber control the situation, and you'll have a much better chance of survival.

5

Call 911 and your supervisor.  
Your supervisor will contact Postal Inspectors.

6

Try to jot down any details you remember, such as a description of the robbers, the vehicle, and in which direction they traveled as they left.

## LEARN THE FACTS

- Non-employees are responsible for the vast majority of workplace homicides.
- Most workplace homicides occur during a robbery.
- Treat suspicious people seriously.
- Try to remain within sight of as many people as possible and avoid secluded spots.
- Once an attack or robbery begins, the criminal crosses a psychological threshold.
- A criminal may resort to violence or even deadly force to demonstrate who's in charge and, if need be, to make the victim comply.

## IMPORTANT

If you notice a suspicious person, treat it seriously, even if you don't see a weapon or feel like you're in immediate danger.

## KEEPING YOU SAFE & SECURE

Be alert, be observant, and  
above all, be careful!

## KNOW YOUR RESOURCES

CALL  
LOCAL  
POLICE  
911

POSTAL INSPECTION SERVICE  
877-876-2455, option 2 (24/7)

EMPLOYEE ASSISTANCE PROGRAM  
800-327-4968 (24 hours)  
877-492-7341 TTY

